

San José Ref: HIRH/0072

Ibiza

38.940184729502235, 1.3123478949785075



This hotel has 28 sunny rooms, deluxe apartment and junior suite, equipped with a laptop-size safe, a fridge, a sofa, individual climate control and a kitchen. Some rooms have sea views. They provide bathrooms with a bathtub, a hairdryer and a shower.

THERAPIES AYURVEDA

1.- Abhyanga (lymphatic, energetic and psychosomatic massage) The Abhyanga massage acts both physically and mentally. Collaborates with defense mechanisms and strengthens the immune system, delays aging, eliminates mental and physical fatigue, eliminates stress, relieves physical and mental contractures, improves eyesight, strengthens the body, increases longevity, helps with the disorders of the sleep, tones the skin, serves to relax and fill us with energy.

2.- Shiro Abhyanga (head, neck and shoulder massage) This massage works on shoulders, neck, head, face and arms, although it has profound effects on the whole body. Relieves mental tension, muscle and anxiety, eliminates dandruff, prevents hair loss and promotes their growth and beauty, getting hair silky, stronger and brighter, clears, revitalizes the mind and improves concentration, balances, giving a feeling of calm and peace. It facilitates sleep, allows you to sleep better and more deeply. It works on the upper chakras, mobilizing the stagnant energy by excess of thought, with which the body returns to work in a harmonious way, improves the blood circulation of the head and scalp, improves the lymphatic drainage of the head and of the neck, allowing the elimination of waste substances through the lymphatic channels of the head, which is of great help to also detoxify the neck and cervical. Improves mobility and muscle tone of the head, neck and shoulder area, frees eye fatigue and headaches, helps with bruxism (teeth grinding) and tinnitus (ringing in the ears). The oils that are used in each session have very beneficial properties for scalp and hair.

3.- Padabhyanga (foot massage) Helps calm the mind, helps maintain good vision and hearing, improves sleep quality, improves peripheral circulation, improves the health of the feet (relieves pain, improves muscle tone and moisturizes the skin), helps prevent sciatica. It promotes blood risk and lymphatic flow, as well as the transport of waste, improves vitality and well-being, stimulates hormonal activity, and in this way, fertility and harmonizes the cerebral hemispheres.

RITUALS OF BEAUTY AND WELL-BEING

1.- Detox and Regenerative Ritual Enjoy a peeling based on organic oil of Siberian cedar and salt of the marshes that will nourish and rejuvenate your skin leaving it free of impurities while enveloping you in its aroma of forest and Siberian nature. The red juniper repairs your skin leaving it strong and elastic and will help eliminate toxins. Our

Oblepikhya-based wrapper, a plant with great regenerative and nourishing power, will leave your skin renewed, restoring its firmness and natural tone. A pleasure for the senses, with a stimulating exfoliation that envelops and detoxifies the skin, and a unique butter that stimulates the cutaneous metabolism. An authentic detoxification treatment based on siberian cedar pine nuts, pure exoticism and wild nature at the service of your health and beauty.

2.- Ozone Therapy Ritual It provides a state of health and relaxation on a physical, sensory and mental level. The special aroma of ozone envelops the cabin offering a state of calm and creating a unique field, dedicated to the complete care of our client's body. This treatment is indicated in many cases, from relaxation, cleansing and oxygenation of the body, to the treatment of body ailments.

3. Anti-stress, relaxing and aromatherapeutic ritual. Lavender has a balancing action and the treatment is ideal to give an anti-stress and decontracting massage for her and her

Overview

Purpose:For Sale	Price:Check the price	Rent price:
Land area:30.000m²	Meters built:3.000m²	Country:Spain
Bathrooms:30	Bedrooms:28	Zip code:Ref: HIRH/0072

Indoor amenities

- ✓ Seaview
- ✓ Internet

Outdoor amenities

- ✓ Well water
- ✓ Parking
- ✓ Garden
- ✓ Grill
- ✓ Pool

Distances

- ✓ Beach 5km
- ✓ Ibiza Center 20km
- ✓ Restourant 5km
- ✓ Airport 18km



Agent Details

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IBIZA REAL HOMES

